

DESCRIPTION

Customizable

The kit includes several plates of different weights along with bars and handles for kettlebells, allowing for customizing all of your equipment.

Make them smart

They are compatible with the Move It sensor which, thanks to its mobile App, allows for complete training monitoring as well as an online exercise program.

4 Functions

Dumbbells, kettlebells, barbells, and grips for doing pushups can be used.

Ergonomic

The bars are covered with foam for a firm and comfortable grip.

Non-Slip

Includes ABS anti-slip grip and anti-slip twist locks.

Technical Information

- Contents: 4-1kg plates, 4-1.25 kg plates, 1 padded barbell (1 kg), 2 dumbbells, 2 kettlebells, 1 kettlebell stand
- Materials: steel bar and plates with iron alloy and sand with polyethylene (PE) coating
- Dumbbell length: 35.5 cm
- Padded barbell length: 40 cm
- 1 kg plate dimensions: 14.5 x 3.1 cm
- 1.25 kg plate dimensions: 15.5 x 3.5 cm
- Color: black and orange

The bar weight (1kg) is included in the total weight.

TECHNICAL SPECIFICATIONS.

Weight	10 kg
Color	10 Kg
Material	Anti-slip ABS and PC plastic
Product	Complete training Kit Xiaomi Fed
Shape	Ergonomic

STRENGTHS

